

Prices for Services

Body Work Sessions:

1 hour \$60-75

1.5 hours \$85-100

2 hours \$120-150

3 sessions \$175-200

6 sessions \$ 350-400

Labor massage rates vary and will be determined with client

****10.00 off first session****

Doula Services:

Labor Support: Basic Package \$700
Extended Package \$1,000

Postpartum Doula: \$25-30/hour

Yoga Classes:

Children's classes at Wild Grace Arts: \$64 8-week session/\$32 4 -week session

Prenatal classes at Wild Grace Arts: \$80 8-class card

Flow Yoga and Baby & Me \$12 drop-in
at Heart of Wellness: \$40 4-class card
\$60 6-class card
\$80 8-class card

Mothercare Yoga Workshops/Monthly: \$25 drop-in or \$20 pre-registered
Partner Yoga Workshops/Quarterly: \$25 per person

Individualized Yoga/Group Sound Acutonics Sessions:

Yoga Sessions: 1.25 hours \$45-90 sliding scale
Group Sound Healing: \$5-25 love donation

Call for more information 534-4716 or visit www.sacredtransitions.org